

Activity Week

Tuesday 16th July -
Thursday 18th July 2019



Millom School

Dear Parents/Carers and Students,

Last year Millom School ran a successful activity week for students. This was a week when the normal school timetable was put to one side so that each pupil had the opportunity to participate in something different.

This year we hope to build upon this success. Activity Week will run from Tuesday 16 July until Thursday 18 July 2019. This is part of our enrichment curriculum and we are very excited by the possibilities which offering a series of activities of this nature presents for the following reasons:

- It provides a safe, structured and carefully organised environment for our young people to engage in new experiences and gain new skills.
- It provides our students with an additional opportunity to be active, to achieve, to participate, to take on responsibility and to demonstrate their maturity.

This booklet gives you an overview of the week and details the activities that are on offer for each year group. We have made an effort to offer a wider variety of activities this year and have tried to provide a mix between 'core activities' that all students will take part in and 'optional' activities that will require us to ask for a 'voluntary contribution' towards the expense.

Please note that Year 7 students will be walking up Black Combe on Tuesday 16 July, depending on the weather. As such, they need to have appropriate equipment including waterproofs, walking boots (or stout walking shoes) and a rucksack.

We cannot guarantee that every activity will take place. Please be aware that some 'optional' activities may have to be cancelled due to a lack of pupil interest or where a voluntary contribution is requested, if the total contribution received does not meet the full cost of the activity. If you are in receipt of Free School Meals, the school may be able to offer some financial support and should you require any further advice in relation to this, please do not hesitate to contact Mr Eaton.

Please read this booklet carefully before making your choices. Complete the *Activity Week Choice Form* that your child has been given in tutor time. Once the selection process is complete, letters will be sent home confirming the activity choice for each student and advising of the payment requirements.

Please do not send in money with this initial choice form.

Arranging these activities requires considerable planning and, therefore, we appreciate your assistance in choice, procedure and deadlines. If you encounter any difficulty or concerns, please let the school know.

Guidelines and Conditions

ATTENDANCE

We regard Activity Week as an important part of your son/daughter's education, and expect normal attendance. Reasons for non-attendance will be required as usual since the school has to provide details of all unauthorised absences to the Department for Education. Every absence must be supported by a parental explanation which will be authorised by the school if the reason is acceptable. **Please note that a family holiday will not be considered an acceptable reason for student absence.**

SELECTING AN ACTIVITY

Some activities have a limited number of places. Year 8, Year 9 and Year 10 students will need to make a first, second, third and fourth (reserve) choice and complete the form distributed to your child on Friday 26 April 2019.

As Year 7 are climbing Black Combe on one of the days, they only need to select 3 choices of activity. The third choice being a reserve.

The choice form has to be completed and returned to your child's form tutor by Friday 3 May 2019. Every effort will be made to ensure each student receives their first choice of activity, but no guarantee can be given.

COSTS

Many of the prices quoted for the activities in this booklet depend upon achieving the minimum number of students required to ensure the activity is financially justified. If we are unable to achieve the minimum number of students required then we may have to cancel the activity or reduce the number of students engaging in the activity.

The costs of all the activities in this booklet are currently estimated costs and will be adhered to unless we encounter unforeseen circumstances which impact on costings. We hope these costs will not change but if they do it will only be a small difference and you will be given as much notification as possible. Millom School reserves the right to make alterations if necessary.

PAYMENT

Letters will be sent confirming the activity choice for each student and advising of the payment requirements. If, due to low numbers, the activity is cancelled then any deposit paid will be reimbursed.

Trip / Visit	Details	No of places	Voluntary Contribution (approx.)
Duke of Edinburgh Camp Out (Wednesday-Thursday) Mr Barrett	<p>If you are in Y8 or Y9 and wish to start DofE Bronze award during academic year 2019-20, you must opt for this activity.</p> <p>This is an opportunity to see what's involved with DofE and investigate whether you are a suitable candidate for completing the award. This activity is two full days and an overnight camp out under staff supervision. It will include: navigational skill training and practice; camp cooking; an overnight camp; a full day of walking.</p>	30	£15
Hardknott Forest Conservation Trip Mrs Vance	<p>If you have any interest at all in nature or conservation, come and join a team of scientists from the Universities of Leeds and Cumbria in Hardknott Forest, near Eskdale. We will be planting tree species that will help the forest return to a natural state. This trip is a great idea if you're thinking about studying science or geography at university, or you want to go into a career in the environmental sector.</p>	15 per day	£0
Blackpool Pleasure Beach Mr Rawlinson	<p>You will travel by coach and spend the day at Blackpool Pleasure Beach, one of the best theme parks in the UK, home to the legendary Big One & Valhalla.</p>	18-72 per day	£28
Canoeing Mr Barrett	<p>You will have the chance to learn new skills, have fun and get wet when you spend the day with specialist canoeing instructors.</p>	12 per day	£30
Millom History Day Mr Prior	<p>For young historians interested in finding out about the community they live in. We will complete a group research task investigating the roots of the town of Millom and the surrounding communities.</p>	15 per day	£0
Jump Rush PE Dept	<p>Visit Jump Rush in Morecambe. With over 100 bounce zone trampolines, including both wall and floor beds, plus 8 specialist extra zones to check your strength, coordination and balance, have fun jumping around this huge trampoline park. From balancing on the battle beams to charging your way across the traverse wall, have you got what it takes to complete the Jump Rush trampoline park challenge and finish all zones?</p>	45 per day	£30
Ice Skating Mr Baggaley	<p>Whether you're a skating amateur or a seasoned pro, come and have a go at ice skating! We'll be journeying to Planet Ice in Blackburn for 2 hours of skating in the morning. Coach transport, skate hire is included in this price.</p>	30-50	£25

In-school Activities

Activity	Details	Places	Voluntary Contribution (approx.)
Bungalow Project Mr Jewell	Put something back into your school site! Students will work in groups on different aspects of the school Bungalow Site Project which focuses upon improving the school site. This could involve: <ul style="list-style-type: none"> • Gardening • Work on the bungalow • Planning the next phase of the project 	25 per day	£0
Art project Mr Grange	Art and music will team up for activity week, the theme is 'space'. In art we will explore the medium of sand art; photographing the work to present it as a PowerPoint and the music department will create a soundtrack to support the images.	20	£2
Creative Activities Miss Ashton	Are you the sort of person who has a great imagination? Are you the sort of person who enjoys all sorts of creative activities?	20 per day	£0
La Voice Mme de Cadenet	Do you like music? Do you like singing? Come and be a judge on The Voice (French edition!) or / and be a candidate. You will have the opportunity to select a song for you to perform later on during the day and, if you wish to, be entered in next year's Alliance Française pop song competition. We will need additional volunteers to perform as choreographers, set designers, backing singers, film directors... The choice is yours!!!	30	£0

Activity	Year Groups	Tuesday 16 July	Wednesday 17 July	Thursday 18 July
Black Combe	7	✓		
D of E	8 & 9		✓	✓
Hardknott	7,8,9,10		✓	✓
Blackpool	8,9,10		✓	✓
Ice Skating	7,8,9,10	✓	✓	
Bungalow Project	7,8,9,10	✓	✓	✓
Jump Rush	7,8,9,10	✓		✓
Creative Activities	7,8,9,10	✓		✓
Canoeing	7,8,9,10	✓	✓	✓
La Voice	7,8,9,10		✓	
Millom History	7,8,9,10	✓	✓	