



WEEKLY LUNCH MENU

	MON	TUES	WED	THUR	FRI
Main Meal £2.35	Mexican Chicken, Rice (Milk,Egg)	Jamaican Jerk Chicken, Rice (Milk, Egg)	Lemon & Herb Chicken, Rice (Milk, Egg)	Canadian Chicken, Rice (Milk, Egg)	Fish & Chips (Wheat, Gluten, Fish)
Main Meal £2.35	Cheesy Garlic Bread (Milk, Wheat, Gluten)	Cheese & Tomato Panini (Wheat, Gluten, Milk)	Margherita Pizza (Wheat, Gluten, Milk)	Vegetarian Sausage Baguette (Celery, Wheat, Gluten, Barley, Rye)	Chicken, Salt & Pepper Fries (Wheat, Gluten)
Main Meal £2.35	Cottage Pie (Milk)	Spaghetti Bolognaise (Wheat, Gluten)	Chilli Con Carne (Wheat, Gluten)	Beef Lasagne (Milk, Wheat, Gluten)	
Snack Pot £1.95	Sausage Roll (Wheat, Gluten, Sulphur Dioxide)	BBQ Chicken Thigh (Wheat,Gluten, Barley, Soya , Celery)	LOADED HASH BROWNS (Milk, Soya)	Hot Honey Pigs in Blankets (Sulphur Dioxide)	Tomato & Basil Pasta (Wheat, Gluten)
Vegetables .45p	Garden Peas	Broccoli	Salad or Coleslaw (Egg)	Roasted Carrots	Mushy peas, Gravy or Curry Sauce
Vegetables .45p	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Potatoes .45p	Half Baked Jacket	Half Baked Jacket	Skin on Roast Potatoes	Skin on Roast Potatoes	Chips
Cakes £1.50	Iced Sponge (Egg,Milk, Wheat, Gluten)	Carrot Muffin (Egg, Wheat, Gluten)	Bread Pudding (Egg, Milk, Wheat, Gluten)	Lemon Cake (Egg,Wheat, Gluten, Milk)	Marble Sponge (Egg, Wheat, Gluten, Milk)



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	MON	TUES	WED	THUR	FRI
Main Meal £2.35	Sweet Chilli Chicken Noodles (Wheat, Gluten, Sesame,Egg)	Tibetan Bang-Bang Pork & Rice (Wheat Gluten, Soya, Egg)	Chicken Chow Main (Wheat, Gluten, Soya, Egg)	Beijing Chicken, Rice (Egg, Soya, Molluscs)	Fish & Chips (Wheat, Gluten, Fish)
Main Meal £2.35	Fajita Vegetable Wrap (Sesame, Wheat, Gluten)	Tikka Vegetable Wrap (Wheat, Gluten, Sesame)	Spring Roll Burrito (Wheat, Gluten, Soya, Egg)	Piri-piri Vegetable Wrap (Sesame, Wheat, Gluten,)	Chicken, Salt & Pepper Fries (Wheat, Gluten)
Main Meal £2.35	Katsu Crispy Chicken & Rice (Wheat Gluten, Soya)	Sausage & Mash (Sulphur Dioxide,Wheat, Gluten, Soya)	BBQ Chicken Burger (Sulphur Dioxide, Wheat, Gluten, Sesame, Milk)	Roast Gammon, Gravy & Yorkshire Pudding (Wheat, Gluten, Egg, Milk)	
Snack Pot £1.95	Tomato & Basil Pasta (Wheat, Gluten,)	Creamy Cheese Pasta (Wheat,Gluten, Milk)	Tomato & Basil Pasta (Wheat, Gluten,)	Creamy Cheese Pasta (Wheat,Gluten, Milk)	Tomato & Basil Pasta (Wheat, Gluten)
Vegetables .45p	Garden Peas	Broccoli	Salad or Coleslaw (Egg)	Roasted Carrots	Mushy peas, Gravy or Curry Sauce
Vegetables .45p	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
Potatoes .45p	Half Baked Jacket	Half Baked Jacket	Skin on Roast Potatoes	Skin on Roast Potatoes	Chips
Cakes £1.50	Raspberry & Lemon Cake (Egg,Milk, Wheat, Gluten)	Chunky Chocolate Brownie (Egg, Wheat, Gluten, Soya)	Rice Krispie Cake (Barley, Gluten)	Sticky Chocolate Muffin (Soya, Wheat, Gluten, Egg, Milk)	Jam & Coconut Sponge (Egg, Wheat, Gluten, Milk)