

# Activity Week

Monday 16th July until Wednesday  
18th July 2018



# Millom School

Dear Parents/Carers and Students,

Last year Millom School ran a successful activity week for students. This was a week when the normal school timetable was put to one side so that each pupil had the opportunity to participate in something different.

This year we hope to build upon this success. Activity Week will run from Monday 16 July until Wednesday 18 July 2018. This is part of our enrichment curriculum and we are very excited by the possibilities which offering a series of activities of this nature presents for the following reasons:

- It provides a safe, structured and carefully organised environment for our young people to engage in new experiences and gain new skills.
- It provides our students with an additional opportunity to be active, to achieve, to participate, to take on responsibility and to demonstrate their maturity.

This booklet gives you an overview of the week and details the activities that are on offer for each year group. We have made an effort to offer a wider variety of activities this year and have tried to provide a mix between 'core activities' that all students will take part in and 'optional' activities that will require us to ask for a 'voluntary contribution' towards the expense. Please note that Year 7 and Year 8 students will be walking up Black Combe on one day out of three, depending on the weather. As such, they need to have appropriate equipment including waterproofs, walking boots (or stout walking shoes) and a rucksack.

We cannot guarantee that every activity will take place. Please be aware that some 'optional' activities may have to be cancelled due to a lack of pupil interest or where a voluntary contribution is requested, if the total contribution received does not meet the full cost of the activity. If you are in receipt of Free School Meals, the school may be able to offer some financial support and should you require any further advice in relation to this, please do not hesitate to contact Mr Eaton.

Please read this booklet carefully before making your choices. Complete the *Activity Week Choice Form* that your child has been given in tutor time. Once the selection process is complete, letters will be sent home confirming the activity choice for each student and advising of the payment requirements. **Please do not send in money with this initial choice form.**

Arranging these activities requires considerable planning and, therefore, we appreciate your assistance in choice, procedure and deadlines. If you encounter any difficulty or concerns, please let the school know.

## Guidelines and Conditions

### ATTENDANCE

We regard Activity Week as an important part of your son/daughter's education, and expect normal attendance. Reasons for non-attendance will be required as usual since the school has to provide details of all unauthorised absences to the Department for Education. Every absence must be supported by a parental explanation which will be authorised by the school if the reason is acceptable.

**Please note that a family holiday will not be considered an acceptable reason for student absence.**

### SELECTING AN ACTIVITY

Some activities have a limited number of places. All students will need to make a first, second, third and fourth (reserve) choice and complete the form distributed to your child on Friday 27 April 2018.

The choice form has to be completed and returned to your child's form tutor by Tuesday 1 May 2018. Every effort will be made to ensure each student receives their first choice of activity, but no guarantee can be given.

### COSTS

Many of the prices quoted for the activities in this booklet depend upon achieving the minimum number of students required to ensure the activity is financially justified. If we are unable to achieve the minimum number of students required then we may have to cancel the activity or reduce the number of students engaging in the activity.

The costs of all the activities in this booklet are currently estimated costs and will be adhered to unless we encounter unforeseen circumstances which impact on costings. We hope these costs will not change but if they do it will only be a small difference and you will be given as much notification as possible. Millom School reserves the right to make alterations if necessary.

### PAYMENT

Letters will be sent confirming the activity choice for each student and advising of the payment requirements. If, due to low numbers, the activity is cancelled then any deposit paid will be reimbursed.

Trip / Visit	Details	No of places	Voluntary Contribution (approx.)
<b>Duke of Edinburgh Camp Out (Monday-Tuesday)</b>  <b>Mr Barrett / Miss Hordern</b>	<p><b>If you are in Y8 or Y9 wish to start DofE Bronze award during academic year 2018-19, you must opt for this activity.</b></p> <p>This is an opportunity to see what's involved with DofE and investigate whether you are a suitable candidate for completing the award. This activity is two full days and an overnight camp out under staff supervision. It will include: navigational skill training and practice; camp cooking; an overnight camp; a full day of walking.</p>	30	£15
<b>Hardknott Forest Conservation Trip</b>  <b>Mrs Vance</b>	<p>If you have any interest at all in nature or conservation, come and join a team of scientists from the Universities of Leeds and Cumbria in Hardknott Forest, near Eskdale. We will be planting tree species that will help the forest return to a natural state. This trip is a great idea if you're thinking about studying science or geography at university, or you want to go into a career in the environmental sector.</p>	15 per day	£0
<b>Blackpool Pleasure Beach</b>  <b>Mr Higgins</b>	<p>You will travel by coach and spend the day at Blackpool Pleasure Beach, one of the best themes parks in the UK, home to the legendary Big One &amp; Valhalla.</p>	18-72 per day	£25
<b>Canoeing</b>  <b>Mr Barrett</b>	<p>You will have the chance to learn new skills, have fun and get wet when you spend the day with specialist canoeing instructors.</p>	12 per day	£30
<b>Millom History Day</b>  <b>Mr Prior</b>	<p>For young historians interested in finding out about the community they live in. We will complete a group research task investigating the roots of the town of Millom and the surrounding communities.</p>	15 per day	£0
<b>Jump Rush</b>  <b>PE Dept</b>	<p>Visit Jump Rush in Morecambe. With over 100 bounce zone trampolines, including both wall and floor beds, plus 8 specialist extra zones to check your strength, coordination and balance, have fun jumping around this huge trampoline park. From balancing on the battle beams to charging your way across the traverse wall, have you got what it takes to complete the Jump Rush trampoline park challenge and finish all zones?</p>	45 per day	£30
<b>Ice Skating (Tuesday)</b>  <b>Mrs Vance</b>	<p>Whether you're a skating amateur or a seasoned pro, come and have a go at ice skating! We'll be journeying to Planet Ice in Blackburn for 2 hours of skating in the morning. Coach transport, a meal deal and skate hire are all included in this price.</p>	30-50	£25

## In-school Activities

Activity	Details	Places	Voluntary Contribution (approx.)
<b>Orienteering / Camping skills (Monday)</b>  Mr Nunn	Could you be the next Bear Grylls? Students will work in groups to complete a set of activities that would prepare you for a trip to the wilderness! Activities include: <ul style="list-style-type: none"> <li>• Putting up tents</li> <li>• Packing rucksacks</li> <li>• Cooking out of doors</li> <li>• Completing an orienteering course.</li> </ul> Plus there will be an element of competition to the day.	25	£2
<b>Maths Code-breaking Challenge</b>  Mr Baggaley	Come along to the maths department and grapple with various exciting mysterious activities! You will be required to pit your wits against the infamous code-breaking algorithm generator. There will be lives at stake and your group will be their saviour!	30	£0
<b>NUGEN Project</b>  Mr Jewell	Put something back into your school site! Students will work in groups on different aspects of the NUGEN Conservation Project which focuses upon improving the school site. This could involve: <ul style="list-style-type: none"> <li>• Gardening</li> <li>• Work on the bungalow</li> <li>• Planning the next phase of the project</li> </ul>	25 per day	£0
<b>Art project</b>  Mr Grange	For this activity you will be working with a local artist designing and making a sculpture that is inspired by the surrounding area. You will construct your favourite idea out of clay with a view for it to be exhibited around Millom. All completed work will be judged, the winning work will be constructed to a larger scale and displayed in the local area. <b><u>Please note that this activity is targeted at Y9 students and is suitable for those students choosing art as an option subject at GCSE.</u></b> The voluntary contribution is to pay for materials. <b><u>This project is designed to run with the same students so it is recommended that you opt in for all 3 days.</u></b> If you wish to take part in any other activity week trips or activities please speak to Mr Grange first to arrange this.	20	£2
<b>Creative writing</b>  Mrs Smith	Are you the sort of person who has a great imagination? Are you the sort of person who enjoys all sorts of creative writing? Are you the sort of person who gets	20 per day	£0

	<p>frustrated when your English teacher limits you to a 35 minute recount, when practising narrative writing? Well now is your chance to shine. The English department are offering you a free reign. You are in charge. Poetry? Not a problem! Far- fetched ideas? Not a problem! Fancy yourself as a playwright? Not a problem. The creative writing workshop will give you a chance to realise all those pent up ideas, stored in your imagination.</p>		
<p><b>Mr Bean's Holiday Project</b></p> <p><b>Mrs Lowdon</b> <b>Mdme de Cadenet</b> <b>Miss Cowperthwaite</b></p>	<p>Do you enjoy art, French, drama or music? Perhaps you enjoy all of these subjects! If so, come and take part in a comedy drama production based on the idea of Mr Bean's holiday. You can contribute to set and costume production, acting and musical performances. We intend to do a live performance during the next academic year so these 3 days are essential preparation time. It would look great on your CV or college/university/apprenticeship applications! You could dip in to this activity for 1 day but a commitment to 2-3 days would be fab.</p>	60	£2
<p><b>Team Challenge</b></p> <p><b>Mrs Vance</b></p>	<p>Teamwork is an ESSENTIAL employability skill! Stay in school and enjoy a day of team activities, ranging from physical challenges to cognitive (mental) challenges. There will be prizes for the winning team(s)!</p>	150 per day	£0