

WEEKLY LUNCH MENU

WEEK ONE

(subject to minor alteration)



	MON	TUES	WED	THUR	FRI
	Lentil	Lentil	Lentil	Lentil	Lentil
SOUP					
Main Meal	Cumberland Sausage & Onion Gravy Gluten – wheat, Milk, Soya, Sulphur Dioxide	Breaded Hot Bird Chicken Burger Gluten- Wheat, Sesame, Milk, Egg, Celery, Sulphur Dioxide	Pulled Pork Corn Spuds Veggie Chilli Corn Spuds Gluten – wheat, Milk, Egg, Mustad	Korean Beef Tacos	Battered Fish or Sausage With Fries Gluten – wheat, Gluten Barely, Milk
Main Meal	Vegan Roast Vegetable Quesadilla Gluten – wheat	Fish Finger Wrap Gluten – wheat, Gluten – Barley, Milk, Fish	Halloumi Flatbreads Gluten – Wheat, Milk, Egg, Sesame, Mustard	Macaroni Cheese Gluten – wheat, Milk	Beef Lasagne With Garlic Bread Gluten – wheat, Milk
Snacks	Pizza Slice & Bake of The Day	Cheese & Ham Panini & Bake of the Day	Classic Burger & Bake of the Day	Sweet Chilli Noodles With Prawn crackers & Bake of the day	Cheesy Jalapeno Nachos & Bake of the Day
Vegetables	Steamed Broccoli	Green Vegetable Medley	Roast Corn on the Cob	Aubergine, Peppers & Courgette	Garden Peas or Mushy Peas
Potatoes	Mash Potatoes Milk	New Parsley Potatoes or Steamed Rice	Cajun Roast Wedges	Roast Rosemary Potatoes Milk	Chipped Potatoes
Dessert	Cherry Crumble & Custard Gluten – wheat, milk	Warm Waffles & Toppings Gluten – wheat, Milk, Egg, Soya	Bakers Cooking Cup Gluten – wheat, Milk, Soya, Egg	Coconut & Jam Rice Pudding Gluten – wheat, Milk, Sulphur Dioxide	Caramel & Popcorn Muffin Gluten – wheat, Egg, Milk, Soya,

WEEKLY LUNCH MENU

Week Two

(subject to minor alteration)



MON

TUES

WED

THUR

FRI

SOUP

Green Split Pea

Green Split Pea

Green Split Pea

Green Split Pea

Green Split Pea

Main Meal

**Smokin' Bird Burger
Or Veggie Yorker Burger**
Gluten – wheat, Gluten – Wheat, Sulphur, Sesame

Chicken Korma

Kung Poa Chicken

Fajita Chicken Wrap

**Crispy Battered Pollock
Or
Battered Sausage**
Gluten – wheat, Gluten Barely, Milk

Main Meal

Roast Vegetable & Herb Quiche
Milk, Egg

Cauliflower Polonaise
Gluten – wheat, Egg

Crispy Fish Finger Burger
Gluten – Wheat, Egg, Sesame, Fish

Piri Piri Halloumi Wrap

**Spiced Cauliflower, Sweet Potato
and Kale Pie**
Gluten – wheat, Sulphur

Snack Box

**Chilli Beef Nachos
&
Bake of The Day**

**Doner Loaded Fries
&
Bake of The Day**

**Pepperoni Pizza
&
Bake of The Day**

**Chicken Burger
&
Bake of The Day**

**Macaroni Cheese
With
Garlic Slice
&
Bake of The Day**

Vegetables

Sauté Sweetcorn Courgette

Green Vegetable

Ratatouille, Carrots

**Maple Roast Parsnip
Steamed Broccoli**

Garden Peas or Mushy Peas

Potatoes

Baked Jacket Wedges

**New Parsley Potatoes
or
Steamed Rice**

**Paprika Roast Wedges
Or
Noodles**

Baked Sweet Potato Wedges

Chipped Potatoes

Dessert

Rhubarb Crumble & Custard
Gluten – wheat, milk

Sticky Toffee Pudding
Gluten – wheat, Milk, Egg

Bakers Cooking Cup
Gluten – wheat, Milk, Soya

Apple Banana Cake
Gluten – wheat, Milk, Egg

Mini Muffin
Gluten – wheat, Egg, Milk, Soya,

WEEKLY LUNCH MENU

Week Three

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	MON	TUES	WED	THUR	FRI
SOUP	Chicken and Sweetcorn	Chicken and Sweetcorn	Chicken and Sweetcorn	Chicken and Sweetcorn	Chicken and Sweetcorn
Main Meal	Hot Dog and Toppings Gluten – Wheat, Mustard, Celery	Burger City Beef Burger Gluten- Wheat, Milk, Egg, Sulphur, Sesame	Cottage Pie	Sweet & Sour Chicken	Crispy Battered Pollock Or Battered sausage Gluten – wheat, Gluten Barely, Milk
Main Meal	Lentil Cottage Pie Milk,	Falafel Pittas & Salad Gluten – wheat, Milk	Pizza Margherita	Vegetable Lasagne	Roast Vegetable Quesadilla Gluten – Wheat
Snack Box	Crispy Chicken Nuggets With Sweet chilli Rice & Bake of The Day	Cheese Panini & Bake of The Day	Cherry Tomato & Basil Pasta Pot & Bake of The Day	Southern Fried Chicken & Wedges & Bake of The Day	Peperoni and Mozzarella topped Puffed Spuds & Bake of The Day
Vegetables	Sweetcorn, Red Cabbage	Green Vegetables	Ratatouille	Green Beans Steamed Broccoli	Garden Peas or Mushy Peas
Potatoes	Paprika Jacket Wedges	Lyonnaise Potatoes	Rosemary Roast Potatoes	Parmenter Potatoes & Steamed Rice	Chipped Potatoes
Dessert	Fruit Forrest Crumble & Custard Gluten – wheat, milk	Jam Coconut Pudding Gluten – wheat, Milk, Egg	Bakers Cooking Cup Gluten – wheat, Milk, Soya	Raspberry Lemon Loaf Gluten – wheat, Milk, Egg	Churros Chocolate Sauce Gluten – wheat, Egg, Milk, Soya,