



*Easter 2022*

## Millom School In the News

### A message from the Chair of Governors

It's a delight to see the days lightening and the flowers blooming as we head into spring 2022. It has also been an absolute joy to see the students blossoming as they've wholeheartedly joined the school trips that have run this term. So good to be able to see and celebrate the benefits gained from taking part in these opportunities as they grow in independence, initiative, and maturity.

I'm sure those of you involved in the trips will have been aware of the herculean effort the staff put into mastering the unusually complicated arrangements for these trips, and my heartfelt thanks goes to each of them for never giving up!

It's also been good to see fundraising events return, with a great effort being made for Comic Relief across the students. It's a great way to come together as a school community to achieve something so worthwhile.

So good to also see the year 10 work experience happening face to face and hear about the growth, development and change of perspective this has given students.

With so much fantastic stuff going on, I wish you a restful and peaceful Easter break and look forward to seeing what other opportunities will be before us in the coming term.



### A message from Mr Savidge

There was significant disruption during the first half of this term caused by Covid, and I would like to thank the staff for their support for students during this time in keeping the school open as much as possible and for the support and understanding of parents.

As we have been returning to greater normality, we have been focusing on reminding students about our expectations. It is important that students return from the Easter holidays focused on their learning and ready to support Year 11 and 13 who will be sitting their GCSE and A Level exams this summer. The external exams start on 16<sup>th</sup> May, less than four weeks after the Easter holiday, and it is vital that Year 11 and 13 use their time over the holidays for revision.

There has been a real focus this half term on our Take Part priority with the return of some of the amazing experiences that students had before the pandemic. Year 7 returned to the Conway Centre in North Wales and had a week of outdoor pursuits. Year 10 learnt a lot about the world of work, and themselves, through a week of work experience. Students went to Austria to experience a week of skiing on the ski course. These visits and experiences were not easy to organize given the restrictions placed on us by Covid and the staff have worked very hard to make sure they went ahead. In the last couple of weeks, some of our Sixth Form students organized the Comic Relief fundraiser and Year 11 took part in their mock interviews delivered by local employers. All of these experiences are vital for the development of our young people, particularly for the development of leadership, teamwork skills and relationships.

I would like to wish you all a Happy Easter.



## YEAR 7 - CONWAY TRIP

Year 7 have enjoyed a fantastic outdoor educational experience at the Conway Centre in North Wales. What a week it was! Accompanied by their teachers, they had a fantastic time, experiencing a whole host of outdoor activities such as canoeing, hill walking, enjoying the high ropes, zip wire, mountain biking, bushcraft and indoor climbing.

The students have been a credit to themselves and their families. They have shown great teamwork, coming home a little more resilient. Every student has stepped out of their comfort zone, it's been a pleasure to watch their faces when they've achieved something that initially seemed impossible to them.

Year 7 you have been an absolute pleasure!





More fun times at Conway...



More examples of Conway pictures  
can be found on the school's  
Facebook and Twitter.

facebook





## KS3 ART & TEXTILES

**Superhero masks with year 7.** Year 7 learnt a range of methods to decorate fabric such as tie dye, printing and applique. Following this they had to design and make a mask for a super hero of their choice. They all passed their sewing machine driving test and used the sewing machines to construct their mask.



### YEAR 7 ART CIRCUS PROJECT

In art, year 7 have been looking at the artist **Fortunato Depero**



Whilst comparing and researching Victorian circus styles and patterns. They had to design and make a 3D card sculpture inspired by the artist's style and the circus.





## Year 11—Leeds Trip

Our Year 11 Geographers explored Leeds as their case study city. They looked at transport solutions followed by an investigation into multiculturalism in the city's indoor markets. They certainly found lots of interesting things in some of the stalls and students tried food from a variety of cultures.





## Year 10 Catering

Photos of year 10 dishes prepared and carefully plated, the dish is chicken stuffed with ricotta cheese & blanched spinach, wrapped in bacon & oven baked, finished with a flash of colour in the frying pan. Accompanied by a ratatouille compiled of a julienne of assorted vegetables, a Parmesan crisp and a potato Rosti.

We think they look amazing and lovely to see a wide range of skills demonstrated!



## Year 10—Work Experience

Year 10 excelled in their work placements and had a great week out in the working world. We would like to say a huge thank you to all the companies that showed support and offered placements to our students.



## MILLOM SCHOOL P.E. HOODIE

Millom School PE department have added an optional hoodie to the PE kit.

These are available from Identity and Ferguson's in Millom. Please be aware we will no longer be accepting personal jumpers on PE days. Students should wear their Millom School jumper or the new hoodie on PE days.



**NEW  
ITEM**



## RUGBY LEAGUE 2022

10th February 2022 - Our year 10 Rugby team beat UTC in the RFL Champions schools Cumbria play off. A great game of rugby. Well played both sides



### Important Nut and Anaphylaxis Information

We have a student in Millom School who has a severe nut allergy, known as anaphylaxis.

Anaphylaxis is a severe and potentially life-threatening reaction to a trigger, such as an allergy. Symptoms of anaphylaxis include feeling faint, finding it hard to breathe, a fast heartbeat and feeling anxious. Anaphylaxis is usually caused by an allergic reaction.

Common triggers include food, medicines and insect stings, in this student's case it is foods.

Please read the information sheet about anaphylaxis that has been posted onto the social media platforms and the school website.

Education of staff, catering personnel, parents, carers and learners on how to manage food allergies is thought to be the most effective approach. All staff in Millom School have been educated to recognise and respond to an anaphylactic reaction and summon assistance, following anaphylaxis best practice guidance. When notified of a learner with an airborne nut allergy risk and the potential for an immediately life-threatening anaphylactic reaction, it is imperative the school shows that in all circumstances, measures are in place to minimise the risk, aiming to ensure all nuts and nut products are not brought onto the school site.

Millom School will not use nut oils in any lessons, nuts and nut products are not used within any catering options and nuts have been prohibited within the refectories and all eating spaces. Lunch boxes, or any foods brought on to the school site must not contain nuts or nut products. We really do appreciate your cooperation in this matter.

To help keep the classroom and whole school site safe, it would be greatly appreciated if you could be mindful of this when sending food products into school with your child.

We thank you again for your cooperation in helping to make our school a safe environment for all students.





## Netball Cup Competitions

Yesterday marked the end of the Furness Schools Netball Cup competitions that Year 7, 8, 9 and 11 have competed in over the last 2 weeks.

Although we didn't win, the girls have played their socks off and have really enjoyed being back competing after long break we have had due to COVID.

For the Year 7, 8 and 9 teams, this is the first real tournament they have all participated in, so we are certainly looking forward to more game time!

And for the Year 11s, hopefully a few more friendlies before some of the team leave us for new beginnings.

Well done girls.

Mrs Moore and Mrs Gannon



## VACANCIES

### EXAM INVIGILATORS and EXAM READERS AND SCRIBES

We are looking for more Exam Invigilators and Readers/Scribes to assist with examinations throughout the school year.

Previous experience in such a role will be an advantage, although a full induction and training period will be undertaken..

For more vacancies see the  
Millom School Website vacancies page

## Youth Health Champion training

Students in Years 9 and 10 have been taking part in Youth Health Champion Training.

Training the future generations to teach their peers about good physical and mental health.

These students have made us really proud, they have demonstrated maturity beyond their years, excellent attitude, dedication and open mindedness. Here's to the next generation of Health Champions. We can't wait to show you what they are planning for the kids at school, to raise the awareness of health importance.







The Library had some eager year 7's offer to help this term. They have been busy sorting and tidying bookshelves and have even given up their own break times to do this!



Year 7 may have been having a great time in Conway, But our remaining year 7's had a blast completing the 'loo roll' challenge! They were given a tube of

card board and a brief to create something with it, we think the results were fantastic.







## RUNNING A MILE FOR RED NOSE DAY

Raising money for Comic Relief, running the mile and wearing the odd tutu! nearly £500 raised



## Celebrating Success

In the Caen International BMX Trials Emie had the opportunity to race against some of the best riders in Europe in preparation for the 2022 season, despite having two crashes! she managed to finish 3rd in her qualifying heats, which was amazing. Both Jayden and Emie have qualified to ride for team GB and Emie will ride in the European and World championships in July. CONGRATULATIONS!





## 2022 SKI COURSE



'I enjoyed the ski trip because I made loads of progress throughout the week, even though I didn't think I could do it at the beginning of the week!

I cant wait for next year.' Hannah

**'I loved skiing!**

**The snow conditions were great, the instructors were brilliant and the staff were great.**

**My Skiing improved loads. I cant wait for next year!'** Tahlia



'I thought the ski trip was really good, even though I'd only had one lesson at Chill Factor. My group made huge progress., we were all over the mountain by day three! The food at the hotel and resort was really nice, If I had the chance I would really like to go again!'

Jack





## 2022 SKI COURSE



'I thought the ski trip was brilliant — well the first part — until I got injured! After I got injured, everyone looked after me really well and managed to get me home safely. It really was a great trip'  
Jack



'I thought the ski trip was a very good experience, I believe everyone should go.  
I started as a beginner and ended up at the top of the mountain!  
The instructors were cool too!'  
Bailey





## Sample menu's for availability after Easter



# MENU



Summer Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Event 1 - £1.95	Grilled Piri Piri Chicken Wrap with Mozambique Rice	Chilli Con Carne with Steamed Rice	Sausage and Mash served with Onion Gravy	Sloppy Joe Burger served with Baked Potato Wedges	Classic Fish and Chips served with Garden Peas
Main Event 2 - £1.95	Piri Piri Chicken-Less Burger with Lemon and Herb Rice	Vegetable Burrito with Charred Corn Salsa	Vegetable Hot Pot with Steamed Broccoli	Pakora and Curry Sauce Burger with Baked Potatoes Wedges	Macaroni Cheese with Garlic Bread and Garden Peas
Vegetables £0.60	Mini Corn on the Cobs	Mixed Leaf Salad	Steamed Broccoli	Honey Roasted Carrots	Garden Peas Or Baked Beans
Snack Box - £1.95	Chicken-less Nuggets with House Salad and Sriracha Slaw	Tomato and Basil Pasta Pot	Southern Baked Chicken and Chips	Local Cheddar and Bacon Corn Chips	Crispy Sausage, Chips and Beans
Snack of the Day - £1.85	Fish Finger Wrap	Grilled Beef Burger	Sausage Roll	Margherita Pizza Slice	BBQ Chicken Wrap Or Vegan Sausage Roll
Jacket Potatoes - from £1.00	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings
Salad Boxes - £1.85	Rainbow Grains	Rainbow Grains	Chicken Caesar	Chicken Caesar	Chicken Caesar
Dessert - from £0.95	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts



# MENU



Summer Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Event 1 - £1.95	Sweet and Sour Chicken with Steamed Rice	Spaghetti Bolognese with Garlic Bread of Salad	Lebanese Chicken Flatbread with Roquette Salad	Pulled Pork Burrito with Mexican Fries	Breaded Fish and Chips with Garden Peas
Main Event 2 - £1.95	Vegetable Balti with Steamed Rice	Cantonese Vegetable Stir-fry with Prawn Crackers	Falafel and Houmous filled Pitta Bread with Roquette Salad	Vegetable and Bean Chilli with Steamed Rice and Tortilla Chips	Chefs Quiche with Tomato, Red Onion and Pepper Salad
Vegetables £0.60	Steamed Sweetcorn	Roasted Carrots	Roasted Courgettes	Mini Corn on the Cob	Garden Peas or Beans
Snack Box - £1.95	Vegetable Katsu with Rice	Local Cheddar and Chive Potato Skins with House Salad	Sweet Chilli Chicken Noodle Pot	Vegetable Samosa, Fries and Chilli Yoghurt Dressing	Sausage Roll
Snack of the Day - £1.85	Classic Cheese Burger	Steak Bake	Cheesy Nachos	Southern Chicken Wrap	Wholewheat Pasta Primavera
Jacket Potatoes - from £1.00	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings	Oven Baked Jacket Potato with Daily Changing Fillings
Salad Boxes - £1.85	Italian Market Salad	Italian Market Salad	Chicken and Bacon Pasta Salad	Chicken and Bacon Pasta Salad	Chicken and Bacon Pasta Salad
Dessert - from £0.95	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts	Daily Hot and Cold Desserts



## School Reminders

If your child is absent from school, please remember to ring in your child's absence before 9:30am. A reason for absence needs to be given.

Any medical appointments need to be made out of school time. At the moment we ask that if your child has an appointment during the school day, they do not then return to school that day.

In order for us to authorise medical appointments please provide the school with a copy of the appointment card or letter, a picture or copy of this can be sent to school via email or given to your child to hand in to

Reception where we will then take a copy of the document.

Holidays should not be taken in term time. All requests for time out of school should be addressed to Mr MD Savidge either via email, using the school email address or by letter.

Students should be wearing the correct uniform for school. Reminders with regards to uniform, hair and jewellery can be found on the school website and in the parent handbook.

Due to Covid restrictions we cannot accept forgotten packed lunches, money, books etc. If your child has forgotten their lunch or money for their lunch they will be able to get something from either refectory and the money spent can be paid back the following day.



## Is your child struggling to hear?

Do you notice any of the following with your child?

- Not always responding to sounds or voices
- Changes in behaviour - becoming tired & frustrated
- Poor listening and concentration
- Changes in performance at school
- Delayed speech development

## Is it Glue Ear ?

Glue Ear is a temporary build up of fluid in the ear which can affect the hearing and is very common in young children.

Phone, text or email Children's Audiology in your area to arrange an appointment for hearing test.

### North Cumbria

Carlisle: 01228 608029

Penrith: 01768 245616

Whitehaven: 01900 705248

Workington: 01900 705239

ncm-tr.communityaudiologynorth@nhs.net

happierhealthiercommunities.

### South Cumbria

South Lakes: 07811 714489

Furness: 07812 473649

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**Email: [genenquiries@millom.cumbria.sch.uk](mailto:genenquiries@millom.cumbria.sch.uk)**  
**Twitter: @MillomSchool**  
**Facebook: Millom School**

## Covid Reminders

We are currently using a one way system in school in order for students to access their lessons safely and complying with the distancing guidelines. This system is working really well and the students are doing a fantastic job at following given instructions with regards to this.

We have many hand sanitizing stations around school, students must use this upon entering the school site and during the school day. As well as this, students are asked to clean their workspaces at the end of every lesson with the products provided, ensuring that the area is clean for the next students to enter the classrooms.

If your child is presenting the following Covid symptoms;

- High temperature
- A new, continuous cough
- A loss or change to your sense of smell or taste

Students are advised to isolate and if possible take a test, students may return to school when symptoms have subsided or a negative test results is received.

Negative or positive Covid test evidence should be sent into school via the school email address before your child returns to school [genenquiries@millom.cumbria.sch.uk](mailto:genenquiries@millom.cumbria.sch.uk)

Just a reminder that parents/carers/visitors to school should not enter the school site without an appointment. Please phone the school to arrange an appointment.