

Millom School Enrichment

2025-
26

A guide for students and
parents.



<https://millom.cumbria.sch.uk/year-focus/enrichment>

What is Enrichment?

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Enrichment is the action of improving or enhancing the quality or value of something.

The enrichment programme runs on Wednesday afternoons across the year. There are 6 blocks in which students will participate in different activities for 6 weeks at a time.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Why Enrichment?

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Enhancing the Millom Journey

The enrichment programme is something that will transform your time at Millom School, helping students to develop the key skills of the Millom Learner. These key skills will not only be useful during your time at Millom School but also in further education and employment.



Benefits

- The development of employability skills, which are increasingly being demanded by employers.
- Greater success in exam results.
- Better attendance at school.
- Developing social skills.
- Developing new skills, abilities and even some qualifications.
- The chance to have fun and relax away from school work.
- Mental health and well-being benefits.
- Developing new interests.
- Equipping you to be responsible, respectful and active citizens.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Enrichment Dates

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Enrichment Blocks

Block 1

3rd September – 8th October

Block 2

15th October – 26th November

Block 3

3rd December – 28th January

17th December: no enrichment (achievement assemblies)

Block 4

4th February – 18th March

Block 5

15th April – 20th May

Block 6

3rd June – 15th July

8th July: no enrichment (sports day)



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Enrichment Information

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Communication

Enrichment information is available on the school website.
Enrichment announcements and updates are shared on the school Facebook page.

If you need to contact school about an activity, please get in touch with the staff member running the activity. If it is a general enrichment enquiry please use the enrichment email: enrichment@millom.cumbria.sch.uk

Cost

Due to the costs involved in running the enrichment programme, we are requesting a voluntary contribution of £15 from every student involved in the programme. This will enable us to continue to utilise external agencies and to provide resources for those in house activities, to ensure all students receive a high-quality experience on Wednesday afternoons. The voluntary contribution will appear as a payment item on Parent Pay, with a deadline of 31st October 2025; this is a one-off cost for the academic year 2025/26.

Due to the nature of some activities on offer, there may be requests for further voluntary contributions; for example those activities that go off site or, utilise external instructors. Any additional voluntary contributions will be requested from the activity leader via school email.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Enrichment Activities

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Students will be allocated up to 6 different activities over the course of the year; they will be allocated at least 1 activity from each of the categories below. This will ensure that students have more variety with their allocation.

Sport

The activities in the SPORT category are all sports and physical activities. Be prepared to work hard, get fitter and learn new skills.

Creative

The activities in the CREATIVE category, all require you to use your creativity in different ways, from designing, to acting, to singing and painting.

Cultural

The activities in the CULTURAL category will improve your skills and knowledge in a range of areas such as debating, film and science.

Employability

The activities in the EMPLOYABILITY category, are all activities that will give you the opportunities to add to your CV, from learning a new language to first aid.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Cumbrian

Award

2025-
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The Cumbrian Award was first introduced a number of years ago in response to both the increasingly academic and narrow curriculum path which many schools felt they were being driven down, and the recognition that many children and young people did not value their identity as Cumbrians, did not actively engage in the tremendous opportunities the county has to offer, and that in turn, the county does to benefit from or maximise the potential that younger generations represent. It aims to enhance the skill set and give students the opportunity to apply such skills in a range of environments – whether that be navigating a Lakeland fell, negotiating a boardroom meeting or performing on a theatre stage... and beyond.

The Cumbrian Award is supported by and delivered with WELL and is recognised as an enriching and inspiring opportunity for young people in Cumbria.

This year, some enrichment activities can contribute towards students achieving elements of the Cumbrian Award.

Adventure

Enterprise

Culture

Students have time to complete the award; its not something that is to be done within a year. During their time at Millom School, students can engage and participate in a range of different activities , with a view of achieving the Cumbrian Award by the time they are ready to leave Millom School.

The Cumbrian Award, is another additional, accredited achievement students at Millom School can strive to achieve, aiding future post 16 and post 18 pathways.

Look out for the activities, which may contribute towards achieving this.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Enrichment Activities

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How will it work?

You will pick 3 activities from each category.

You will be allocated 1 activity from each category and 2 activities from your remaining choices.

Activity Choices

All activities chosen will be considered when allocating; you must be prepared to participate in ALL your activity choices. Activities are not ranked when you select them.

Notice Board

All activity information will be on the enrichment notice board and sent to tutors, along with information on equipment/kit needed, staff and meeting points. Students MUST check the enrichment board.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Enrichment Activities

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Online Form

The online form will be emailed to students on **23rd May**.

You will have until **6th June** to submit the form. You can complete the form at home or in school.



Activity Numbers

All activities have min numbers, if this isn't met, the activity will not run.

Activities that are oversubscribed, will only run with their max numbers. In this case, students activity choices over the year will be taken into consideration



Millom Learner & Unifrog

At the end of each block, during tutor time, you will have the chance to log your activity on your Unifrog profile. This will give you the chance to think about which Millom Learner attributes you have developed over the 6 weeks.



<https://millom.cumbria.sch.uk/year-focus/enrichment>



Enrichment Activities

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Millom Learner

The Millom Learner underpins all we do in school; promoting skills and qualities in students that are vital for your journey whilst at school and beyond. Enrichment plays a big part in providing opportunities to develop the Millom Learner attributes.

At Millom School, learners are encouraged to be positive, being active investigators and work collaboratively with other members of the school community. Students are provided with opportunities to develop a greater understanding of all facets of the wider world, whilst refining their communication skills to enable them to leave Millom School, equipped to be successful.

Key

On the activity pages, the key below is used to identify the Millom Learner attributes, additional cost, qualifications gained and the Cumbrian Award.

C: Communication

I: Independent

P: Positive

U: Understanding

Co: Collaborator

D: Determined

In: Investigator



Cumbrian Award



Extra Cost



Qualification Gained



<https://millom.cumbria.sch.uk/year-focus/enrichment>

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Activities

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SPORT	SPORT	CREATIVE	CREATIVE
BARROW RAIDERS RUGBY	GIRLS FOOTBALL	GARDENING	RSC PLAYMAKING
ADVANCE NETBALL	TENNIS	ANIMATION	CHARITY CROCHET
BASIC NETBALL	PADDLE SPORTS	MATILTDA - SET DESIGN	JEWELLERY MAKING
BADMINTON	DARTS	UPCYCLING	DRAWING & COLOURING CLUB
PILATES	BASIC BOYS FOOTBALL	SMALL CRAFTS	CHRISTMAS CRAFTS
ROUNDERS	ADVANCED BOYS FOOTBALL	GARAGE BAND	CHILDRENS STORY WRITING
TRAMPOLINING	BASKETBALL	DESIGN A BAND	
MTB	COUCH 2 5K	VIDEOGAME MAGAZINE	
CLIMBING	MILLOM STRIDERS	THE BIG DRAW	
BADMINTON		EXPERIMENTAL DRAWING	

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Activities

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CULTURAL	CULTURAL	EMPLOYABILITY	EMPLOYABILITY
MILLOM & WORLD ECOLOGY	DANCE THROUGH THE DECADES	FIRST AID	MATILDA MAIN CAST
JAPANESE	YR 7 COOKERY CLUB	ECOLOGY	PUBLIC SPEAKING
TABLE TOP GAMING	SPACE EXPLORATION	BRONZE DOFE	SUMMER CONCERT
COOKING CLUB	CUMBRIAN SPORTING HEROS	SILVER DOFE	POSITIVE PODCASTING
SPA SCIENCE		I BELONG - GIRLS IN COMPUTER SCIENCE	GUITAR
WHO SHOT JFK?		READING FOR PLEASURE	
YR8 SCIENCE CLUB		TROPIC SKINCARE	
FILM CLUB		DEBATING	
RISK		STEM	
COMMUNITY CHOIR		MATILDA PRODUCTION	

Sport

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BASIC NETBALL

Want to improve at Netball? Get confused with the different positions or where you are allowed to go? This is the activity for you. Working in a small groups, you will have time to develop not only your knowledge but the basic principals of attacking and defence. Lots of game play included, to embed the rules around the different positions.

Millom Learner: C D P I Co U

PADDLE SPORTS

Participants will have the opportunity earn a British Canoeing; Discover Paddle Award through experiencing and developing their skills with a variety of water craft (e.g., Canoes, Kayaks, Paddleboards).

During the six-week enrichment block, students & school staff will be collected by Keppleway from school at 12:30 on a Wednesday and taken to an appropriate location for the afternoon's activity, before being returned to school by 16:00.

Cost: TBC

Millom Learner: C D P I Co U



DARTS

Are you the next Luke Littler? Take the Oche and lets find out!

Millom Learner: I U

BARROW RAIDERS RUGBY

Do you play Rugby League? Then this activity is for you. Receive specialist coaching from Barrow Raiders and let them put you through the paces.

Requirements: boots are compulsory and the sessions will be full tackle.

Millom Learner: C D I Co U

Sport

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BADMINTON

Badminton is the most popular sport in the UK. Develop your skills and understanding of the game. Experience both singles and doubles games to apply your new skills into.

Millom Learner: C D I Co U

GIRLS FOOTBALL

Train with a UEFA C coach to improve your skills. Girls' football in schools offers numerous benefits, including enhanced self-confidence, improved social skills, and a positive impact on mental well-being. It also helps girls develop teamwork, leadership abilities, and a sense of belonging within the sport. Furthermore, engaging in football provides physical activity and promotes a healthy lifestyle.

Millom Learner: C D P I Co U

MTB CLUB

Get out and explore the local area on your mountain bike. You will get the chance to develop your knowledge of how to look after your bike but also the key skills on mountain biking; looking at slow speed skills, downhill and uphill. The 6 weeks involves 4 offsite visits to the Broughton area, along with a whole day ride in the Coniston area, whilst learning how to take care and maintain the bikes.

Cost: £10

Requirements: Some weeks, students are not back on site until 4pm.

Millom Learner: C D I Co U P



CLIMBING CLUB

Introduction to indoor climbing at local climbing walls trying bouldering and lead climbing.

Cost: TBC

Requirements: Some weeks students may arrive back after 3pm.

Millom Learner: C U P D I Co In



Sport

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ADVANCED BOYS FOOTBALL

This activity is for students who like to play football and improve and play outside of school

Millom Learner: C D I Co U

BASKETBALL

Look to improve your skills and game play.

Millom Learner: C D P I Co U

TENNIS

Want to improve your knowledge and skills in Tennis. Sign up for Tennis enrichment and you will have the chance to work on skills in isolation, applying them into singles and doubles games. You will also spend time refining your knowledge of the rules.

Millom Learner: C D I Co U

COUCH 2 5K

This is not just about running! A chance to work towards a physical goal, but focusing on nutrition, sleep, physical health and mental wellbeing. Whether you manage to run/ walk 5k or not, the measure of success will be knowing a bit more about yourself.

Millom Learner: P Co

MILLOM STRIDERS

Millom Striders will be running athletics coaching for those students who want to come along and try some of the different events or who want to develop their skills further to improve times, distances and heights. No previous athletics experience needed as their coaches will work with you at advancing your skills across the disciplines.

Millom Learner: P Co C I U D

Sport

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ADVANCED NETBALL

Ballers wanting to improve their game sense and game awareness, this is the enrichment activity for you. Students must have a good knowledge of the game rules and positions as this activity will cover more advanced skills and plays. Lots of game play and time to refine your skills.

Millom Learner: C D I Co U

TRAMPOLINING

Come along to learn both basic and advance trampoline skills that would can combine to create your own 10 bounce routine.

Millom Learner: C D P I Co U

PILATES

A 6 week pilates programme to work all areas of the body requiring strength, stability and flexibility. We will explore mat pilates with some reformer pilates thrown in. Pilates works to improve core strength, along with lengthening and toning the muscles in the lower and upper body. Exercises are performed with control and correct breathing techniques - its not as easy as it looks!

Millom Learner: D I Co U P

ROUNDERS

Improve your knowledge and game awareness in rounders. Through game play, skills and knowledge of the rules will be refined; all which will contribute towards your teams' success.

Millom Learner: C U I Co In

BASIC BOYS FOOTBALL

This activity is for students who like to play football and improve but do not play outside of school

Millom Learner: C D I Co U

GARDENING

Students will have the opportunity to learn about the art of horticulture. Gardening is an all year round activity and each season brings with it different things to do and look after. Students will learn about pruning, sowing seeds, weeding, maintaining appropriate grounds to grow in and cultivating flowers and vegetables at the right times of the year.

Millom Learner: C D P I Co U

GARAGE BAND

Students will develop a range of digital music production skills, including the ability to create, edit, and arrange original compositions using GarageBand. Students will experience of using loops, MIDI instruments, and sound design techniques to produce music. Students will also develop technical skills in audio editing and mixing, learning how to refine their work for a polished final product.

Millom Learner: C P I Co U In

DESIGN A BAND

Develop original music using GarageBand, honing skills in composition, arrangement, and music production. Students will learn how to create a band and gain an insight into the music industry.

Millom Learner: C P Co D U In

ANIMATION WORKSHOP

Pupils will get the opportunity to animate using a wide range of techniques, flip animation, Plasticene, paper animation and modelling to create the short pieces of animation. You will also get the chance to edit and add effects.

Millom Learner: C P Co I D U In

SCHOOL PRODUCTION - SET DESIGN

Design and construct sets and props for the school production of 'Matilda'. You will Explore concept development and Practice basic hand drafting skills.

Millom Learner: C P Co I D U In

VIDEOGAME MAGAZINE

Students will collaborate on the creation of a videogame magazine, featuring news, previews, reviews, walkthroughs and reader feedback

Millom Learner: C P I Co

THE BIG DRAW

Explore a range of experimental drawing techniques which link to the National Big Draw which runs for the month of October every year

Millom Learner: C I Co D In

EXPERIMENTAL DRAW

Explore a range of experimental drawing techniques and learn about different approaches to drawing

Millom Learner: C Co U In

UPCYCLING

Upcycling/restoration of small furniture and homeware items eg: photo frames, jewellery boxes, glass jars - includes the possibility of selling on items.

Millom Learner: C P Co I D U In

SMALL CRAFTS

Creative craft making eg: flower designs, card making, seasonal decorations (Christmas/Easter/Halloween). This list is not exhaustive.

Millom Learner: C P Co I D U In

JEWELLERY MAKING

Design and make jewelry using a range of materials.

Use your creativity to generate ideas for pieces of jewelry suitable for your chosen customer. Spend time researching, designing, testing and making jewelry using a range of materials and techniques.

Millom Learner: C I D

RSC PLAYMAKING FESTIVAL

Each year, students from all over the county come together to bring Shakespeare's stories to life—and you can be part of the action! Through the Associate Schools Programme, we'll dive into this year's play with energy, creativity, and loads of fun.

Over six weeks, we'll explore the world of the play and its unforgettable characters through drama games, improvisation, and hands-on workshops. You'll have the chance to shape how our scene is performed—adding your own ideas, movement, and flair.

Best of all, we'll be working with a real director from the Royal Shakespeare Company (yes, the RSC!), who will help you build performance skills, boost your confidence, and unlock your inner actor.

It all leads up to a collaborative performance with other local schools—one epic celebration of Shakespeare like you've never seen before!

Millom Learner: C P Co I D U In

CHARITY CROCHET

Looking for a way to relax, get creative, and make a real difference? Join our charity crochet enrichment where every stitch helps someone in need!

In this feel-good activity, you'll learn the basics of crochet—from holding the hook to mastering simple patterns. Don't worry if you've never picked up a ball of yarn before—this is a welcoming space for complete beginners and crafty pros alike!

We'll be making soft, colourful hearts for the hospice, offering comfort and kindness to those in palliative care, and creating tiny clothing for premature babies in NICU, giving warmth and love to our tiniest community members

Millom Learner: P I D U

DRAWING & COLOURING CLUB

The Colouring Club provides a relaxing and creative space for students to unwind while expressing themselves through art. Students explore different colouring techniques, share ideas, and enjoy the mindful benefits of this calming activity.

Millom Learner: P I

CHRISTMAS CRAFTS

Do you love crafting? Do you love Christmas? If the answer is yes to both questions then come and have a go at Christmas crafts! We will learn how to make a range of festive products from paper craft (cards and crackers) to needlework, tree decorations, personalised snow globes and more! Instructions are provided for all activities so first-time crafters are welcome but you must come with patience and be willing to have a go!

Millom Learner: D P I

CHILDRENS STORY WRITING

Visting the library you will explore a range of children's books to identify what makes a good read. Aimed at children between 3 and 5 years you will then create your own story with illustrations over 4 weeks. You will then present your work at the library at the end of the project by reading your story to a small group of children and their parents.

Millom Learner: C I U P D

Cultural

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JAPANESE

A chance to watch anime movies, read/draw manga and also learn more about the fascinating culture of Japan. Learn some basic Japanese!

Requirements: Year 8 and above

Millom Learner: C P U I Co In

COMMUNITY CHOIR

Students will have the chance to work on their vocal technique, and develop ensemble skills such as blending, harmonising. Working on stage presence through regular rehearsals and participation in a live community performance.

Millom Learner: C P I Co D

DANCE THROUGH THE DECADES

Students will learn a range of dance styles from different historical decades with accuracy, rhythm, and expression, demonstrating improved coordination, timing, and spatial awareness. A chance to choreographing sequences.

Millom Learner: C P I Co D In

SPACE EXPLORATION

If you are interested in space, space travel and all things 'Universe', this is the activity for you. Together, we will learn about our solar system - the planets, moons, asteroids and comets. We'll learn about space beyond our solar system (interstellar space), our neighbouring galaxies and the wider universe. We'll learn about the life of stars, black holes, and dark matter. We'll delve into space missions of the past and the future. We'll work in pairs/small groups and as individuals to share our thoughts and our understanding. So, if you like to read about, talk about, think about or watch programmes about space... sign up!

Millom Learner: C P I Co D In U

Cultural

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MILLOM & WORLD ECOLOGY

(Please note this enrichment is based on the school site and is separate to the Field Ecology enrichment which involves field work off the school site).

Learn about the ecology of the amazing world we live in, as well as the ecology we have right here on our doorstep at Millom School. Sessions will involve a mixture of classroom learning and outdoor learning in our own outdoor areas in school. We will study the land, sea and skies both at home and abroad and find out about different species living within them, as well as debating topics such as re-wilding including the potential re-introduction of wolves to the UK.

Millom Learner: C P I Co D U In

WHO SHOT JFK?

A 6 week investigation of the assassination of JFK and the conspiracy theories surrounding it. Warning, this may contain graphic images.

Requirements: Students in year 9 and above.

Millom Learner: C I Co In U

YEAR 7 COOKERY CLUB

Cooking is a skill that is valuable for life. Students can learn to further develop their skills from technology lessons, creating a range of dishes.

Cost: Cost of ingredients for weeks 2-6

Millom Learner: C I In U D



Cultural

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CUMBRIAN SPORTING HEROS

Love sport? Want to find out more about sporting successes from the local area? Research Cumbrian Sporting hero's and create an information pack which will help you towards the cultural aspect of the Cumbria award.

Millom Learner: C I Co In



SPA SCIENCE

If you love cosmetics and body products and are interested in a career in cosmetic science then this could be the activity for you! Over 6 weeks you will explore making your own facial and body products from common ingredients. You will learn about some of the science behind popular cosmetics such as bath bombs and hair dyes and we will discuss the mysteries of aromatherapy and perfume. You will be able to take your products home, including lip balm, body oil, body scrub, face mask and bath bomb.

Millom Learner: C I Co In U

TABLETOP GAMING

Play, paint, and create tabletop games like Warhammer & Star Wars. Explore historic links between tabletop gaming and modern digital role-playing games. Be the dungeon master. Add your own figures/games to the mix. Create the rules and equipment for your own game in conjunction with the Technology Department. Experience RPG gaming in VR.

Millom Learner: C I Co In U

Cultural

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FILM CLUB

In Film Club students watch and analyze movies, exploring different genres, themes, and filmmaking techniques. Students engage in lively discussions to deepen their appreciation and understanding of cinema.

Requirements: students in years 8 and above

Millom Learner: C U In

RISK

Have you got what it takes to achieve world domination? Risk is the ultimate board game of strategy, alliance, diplomacy and conquest. In this enrichment activity you will learn how to play risk and the different formats of the game. You will learn, and reflect on, the strategies which are needed to be successful, and on those which did not work out. In making decisions you will be using the information you have at the time to try and predict possible outcomes as well as the reactions of your fellow game players. In doing so you will develop the ability to think strategically- a skill needed in many walks of life!

Millom Learner: D C Co

SCIENCE CLUB

Have you ever wondered what actually happens when you mix mentos and cola? How can you make a bouncy ball from your own slime? Do you want to learn how to extract your own plastic from a potato? Do you fancy taking on the challenge of making an earthquake-resistant building from cocktail sticks and jelly tots? You might want to make your own bath bombs, lava lamps, elephant's toothpaste and more! You need to love science, be prepared to learn through having fun and be able to listen to instructions and work safely.

Requirements: Year 8 students only

Millom Learner: P U Co In

COOKING CLUB

Learn different cooking and baking techniques by cooking a range of dishes.

Cost: TBC

Millom Learner: C P U I In



DofE

Millom Learner: C I D P Co



The Duke of Edinburgh Award is the world's leading achievement award for young people. It encourages young people to take on challenges and live life as an adventure. Many employers and organisations, including colleges and universities, value the Duke of Edinburgh Award and believe that young people who undertake it are more confident, have better developed skills and can take on challenges.



The Award requires time, commitment and enthusiasm.

There are three elective sections:

Volunteering - Skills - Physical

These require students choose an activity & participate for one hour per week for each section over a period of 3-6 months.

There is also an overnight expedition to complete.

BRONZE AWARD:

Suitable for: Students in years 9/10/12 in September 2025

Requirements: You will participate in the DofE for 2 blocks.

Enrichment sessions will be used to support the completion of the elective sections and teach students the skills required for the expeditions section.

Expedition(x2): 2 day and 1 night (weekends)

Cost: £50 registration fee + Approx. £100 expedition fees

SILVER AWARD:

Suitable for: Students in year 10/12 in September 2025, who have completed the Bronze Award

Requirements: You will participate in the DofE for 1 block.

The expectations that the participant will show more independence than in Bronze Award

Expedition(x2): requirement is 3 day and 2 night. (weekends)

Cost: £60 registration fee + Approx. £120 expedition fees

Provisional expedition dates

Practice: w/e 25th April, **Qualifier:** w/e 13th June

Students will be loaned group kit (tent/ cooking equipment), other items such as rucksacks & waterproofs are available if required (limited stocks)



Employability

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GUITAR

Learn how to read tab and chord sheets and different techniques. Play music that covers a large range of genres

Millom Learner: C P I Co D U

SUMMER CONCERT

Get involved within the Summer concert. This enrichment activity will give students the chance to be involved on the night; it will involve students in the whole process from planning to delivery. Students can experience both the performance and tech sides of a production, as well as promoting the concert and planning various aspects.

Millom Learner: C P I Co D

I BELONG - ENCOURAGING GIRLS INTO COMPUTER SCIENCE

Fancy a career in the tech industry? More and more jobs are turning to technology to enhance their business and way of working, get a head start with this enrichment activity as you will start to explore the benefits of studying computer science as one of your GCSE options. You will also have the opportunity to spend some time programming, exploring female figures in computer science and the history of the subject.

Millom Learner: P I D Co

STEM

STEM (Science, Technology, Engineering, and Mathematics) education is valuable because it develops crucial skills like critical thinking, problem-solving, and innovation, and it opens doors to a wide range of high-demand careers. STEM learning also enhances collaboration, teamwork, and creativity, which are essential for success in various fields.

Millom Learner: C P I D Co In U

Employability

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POSITIVE PODCASTING

Develop your communication skills by learning how to produce and deliver an effective podcast

Millom Learner: C P I Co D In U

PUBLIC SPEAKING

Develop your verbal and non verbal communication skills by learning how to become more effective at public speaking

Millom Learner: C P In Co U

FIELD ECOLOGY

(Please note this enrichment is based off-site and is separate to the Millom and World Ecology enrichment which is based on the school site).

Get into the great outdoors and learn about our amazing local landscapes while contributing to protecting them for the wildlife that live there. This enrichment will involve trips to Hardknott Forest where we will take part in activities such as planting wildflowers and trees, setting up trail cameras to spot wildlife, walking in nature and potentially even visiting a working farm that is using nature-friendly techniques.

Cost: TBC

Requirements: Some weeks, students are not back on site until 4pm.

Millom Learner: C D I Co U P In



FIRST AID

Want to gain a qualification that will be useful in the future? Look good on your CV? Help you save a life? Take part in the Daisy First Aid training to do just that. You will receive 6 weeks of basic first aid training from Daisy First Aid, achieving your qualification at the end of the block.

Cost: £36

Millom Learner: C P I D Co In U



Employability

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TROPIC SKINCARE

Learn about skincare / make up in these interactive workshops delivered by Tropic professionals.

Cost: £38

Millom Learner: C P I Co D In U

MATILDA MAIN CAST

It's time to get started! Our amazing main cast of Matilda Jr. (as chosen in last year's auditions) will kick off rehearsals for this year's huge school production! This first rehearsal block is all about diving into your big solo songs and scenes – a chance to really bring your characters to life before the full chorus joins in the fun! Whether you're belting out "Naughty" or plotting revenge on Miss Trunchbull, we're about to make some magical progress together. Let the Matilda madness begin!

Millom Learner: C D I Co U P

SCHOOL PRODUCTION - MATILDA

Now that the main roles are up and running, it's time to welcome the full cast – that means YOU! Whether you're part of the chorus, playing a featured role, or just here to be part of something huge, our full cast rehearsals will bring the whole world of Matilda Jr. to life!

In these sessions, we will

Learn and stage the big musical numbers together – think "Revolting Children", "When I Grow Up", and more!

Build exciting ensemble scenes with movement, character, and energy.

Work in teams to create a fun, supportive atmosphere where everyone plays an important part.

Blend acting, singing, and choreography so our show becomes a full-on theatrical spectacular!

These rehearsals are all about teamwork, energy, and creativity. No matter your year group or experience level – there's a place for you in this story.

So bring your best attitude, your loudest voice, and your biggest imagination – it's time to show the audience just how revoltingly amazing our school can be!

Millom Learner: C P D Co U

Employability

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DEBATING

Get ready to fire up your brain and find your voice in Debate Society—a fun and fast-paced six-week enrichment activity where talking back is totally encouraged (as long as you've got a strong argument!).

Each week, you'll dive into exciting topics like "Should school start later?" or "Is money more important than happiness?" and learn how to structure your ideas, speak confidently, and listen like a pro. We'll kick things off with team games and mini challenges that build your skills step by step—no experience needed!

You'll finish the six weeks with a toolkit of speaking tricks, quick-thinking confidence, and maybe even a few unexpected opinions. It's the perfect mix of serious ideas and big laughs.

Boost your confidence. Sharpen your thinking. Have your say in a room that listens.

Millom Learner: C P I Co D In U

READING FOR PLEASURE

Do you like reading for pleasure? Do you like getting stuck into a good book? Reading for pleasure club gives you the opportunity to spend time in the school library reading, creating book reviews, crafting creative bookmarks and designing and making wall displays. We will also take time to explore Millom Community Library and what it has to offer. .

Millom Learner: C P I Co D In U

Information

2025-
26

We hope that no student will be excluded from an activity due to cost.

Should you be experiencing financial difficulties, please contact Mrs Moore in confidence.

Contact Information



01229 772300



<https://millom.cumbria.sch.uk/year-focus/enrichment>



enrichment@millom.cumbria.sch.uk
